



SS25 CATALOGUE

ADIDAS TRAINING EQUIPMENT

CONTENTS



TRAINING

03

Mats & Floor Protection	4 - 7
Arm & Calf Sleeves	8 - 11
Headbands & Hair Ties	12 - 22
Socks	23
Gloves	24 - 32
Wrist Protectors	33
Lifting Grips, Straps, & Wraps	34 - 38
Weightlifting Belts	39 - 40
Barbell Pads	41
Weighted Apparel	42 - 46
Weighted Accessories	47 - 50
Resistance Accessories	51 - 57
Skipping Ropes	58 - 62
Ab Wheels & Core Rollers	63 - 65
Push Up Bars	66 - 69
Door Gym	70
HIIT Deck	71

YOGA

72

Embossed Logo EVA/TPE Mats	73 - 75
Colour NBR Mats	76
Colour EVA/TPE Mats	77
Printed Design NBR Mats	78 - 79
Colour Premium TPE/EVA Mats	80
Antimicrobial TPE/EVA Mat	81
Camo Design TPE/EVA Mats	82
Double Sided TPE/EVA Mats	83
Pilates NBR Mat	84
Blocks	85 - 86
Straps	87
Mat Bags & Carry Straps	88 - 89
Socks	90 - 91

RECOVERY

92

Massage Balls	93 - 94
Massage Rollers	95 - 97
Entry Supports	98 - 100
Knitted Supports	101 - 104
Performance Supports	105 - 107
Aeroready Supports	108 - 110
Adjustable Supports	111 - 112
Support Wraps	113 - 114

BENCHES

115

Performance Ab Bench	116
Performance Flat Bench	117
Performance Utility Bench	118
Performance Training Bench	119
Performance Power Tower	120
Performance Home Gym	121

TRAINING

SS25 RANGE





7 mm FITNESS MAT




HIGHLIGHTS


Designed to offer a soft cushioned feel with a smooth surface texture and ribbed base, the adidas fitness mat offers greater traction and stability, giving you the confidence to perform any exercise with ease.


 Surface: 173 x 61 cm


 7_{mm} 7 mm thick NBR foam

 Offers both comfort and stability

 Soft cushioned feel with a smooth surface texture

 Ribbed base grips the floor to reduce mat movement

 Rollable for easy transport and storage

 Extremely durable - withstands repeated usage



VIDEO

MODEL NO.

7 mm Maroon: ADMT-11014MN

7 mm Dark Green: ADMT-11014DG

7 mm Blue: ADMT-11014BL-NL

7 mm Grey: ADMT-11014GR-NL

7 mm Red: ADMT-11014RD-NL

10 mm FITNESS MAT



HIGHLIGHTS

Designed to offer a soft cushioned feel with a smooth surface texture and ribbed base, the adidas fitness mat offers greater traction and stability, giving you the confidence to perform any exercise with ease.

-  Surface: 183 x 61 cm
-  10_{mm} 10 mm thick NBR foam
-  Ample cushioning for comfort
-  Soft cushioned feel with a smooth surface texture
-  Ribbed base grips the floor to reduce mat movement
-  Rollable for easy transport and storage
-  Extremely durable - withstands repeated usage
-  Elasticated carry strap included

MODEL NO.

10mm Maroon:	ADMT-11015MN
10mm Dark Green:	ADMT-11015DG
10mm Blue:	ADMT-11015BL-NL
10mm Grey:	ADMT-11015GR-NL
10mm Red:	ADMT-11015RD-NL

10 mm TRAINING MAT



HIGHLIGHTS

10mm thick, the adidas training mat has full padding for extra comfort whilst you train. The cushioned mat reduces pressure on the joints whilst closed cell technology minimises moisture absorption; keeping the mat fresh and reducing irritation.

-  Surface: 183 x 61 cm
-  10_{mm} 10mm thick NBR foam
-  Ample cushioning for comfort
-  Closed cell tech minimises moisture absorption
-  Ridged base grips the floor to reduce mat movement
-  Stitched fabric edging offers added durability
-  Rollable for easy transport and storage
-  Easy to wash and clean
-  Strong Velcro shoulder strap included



VIDEO





MODEL NO.

- Red: ADMT-12235-NL
- Grey: ADMT-12235GR-NL
- Blue: ADMT-12235BL-NL
- Black: ADMT-12235BK-NL

TREADMILL MAT



HIGHLIGHTS

-  Surface: 200 x 100cm - ideal for most treadmills
-  Protects flooring and helps dampen noise & vibrations
-  5^{mm} 5mm - provides protection without compromising stability
-  Made from a durable and high-density NBR material
- Rollable for easy storage






MODEL NO.

ADMT-10127

BIKE & CROSSTRAINER MAT



HIGHLIGHTS

-  Surface: 155 x 65cm - ideal for most bikes & cross trainers
-  Protects flooring and helps dampen noise & vibrations
-  5^{mm} 5mm - provides protection without compromising stability
-  Made from a durable and high-density NBR material
-  Rollable for easy storage

MODEL NO.

ADMT-10128










AEROREADY COMPRESSION ARM SLEEVES

AEROREADY



HIGHLIGHTS

Fusing performance with style, unleash your potential with the adidas Aeroready compression arm sleeves. Crafted from moisture-wicking Aeroready material, the sleeves keep you cool, dry and in the zone.

-  Elevate your performance in all training and sports
-  Moisture-wicking Aeroready material
-  Aids temperature regulation with light insulation
-  Provides UV protection: UPF 40+
-  Elastane-nylon blend provides lightweight, breathable comfort
-  Internal silicone inlay prevents unwanted movement
-  Reflective silver logos for safer low-light training
-  Machine washable for easy cleaning
-  Supplied as a pair



VIDEO

MODEL NO.

Black S/M: ADSL-13011BK

White S/M: ADSL-13011WH

Black L/XL: ADSL-13012BK

White L/XL: ADSL-13012WH

Red S/M: ADSL-13011RD

Red L/XL: ADSL-13012RD










AEROREADY COMPRESSION CALF SLEEVES

AEROREADY



HIGHLIGHTS

Fusing performance with style, unleash your potential with the adidas Aeroready compression calf sleeves. Crafted from moisture-wicking Aeroready material, the sleeves keep you cool, dry and in the zone.

-  Elevate your performance in all training and sports
-  Moisture-wicking Aeroready material
-  Aids temperature regulation with light insulation
-  Provides UV protection: UPF 40+
-  Elastane-nylon blend provides lightweight, breathable comfort
-  Internal silicone inlay prevents unwanted movement
-  Reflective silver logos for safer low-light training
-  Machine washable for easy cleaning
-  Supplied as a pair



VIDEO

MODEL NO.

Black S/M: ADSL-13013BK

Black L/XL: ADSL-13014BK

Red S/M: ADSL-13013RD

Red L/XL: ADSL-13014RD

White S/M: ADSL-13013WH






White L/XL: ADSL-13014WH

COMPRESSION ARM SLEEVES



HIGHLIGHTS

Combining performance and comfort, adidas compression sleeves are designed for both training and competition; allowing airflow through the elasticated structure to keep you cool through the toughest sessions.

-  Helps regulate temperature for reduced irritation
-  Allows airflow through to keep you cool
-  Lightweight elasticated design for comfort
-  Machine washable for easy cleaning
-  Supplied as a pair

MODEL NO.

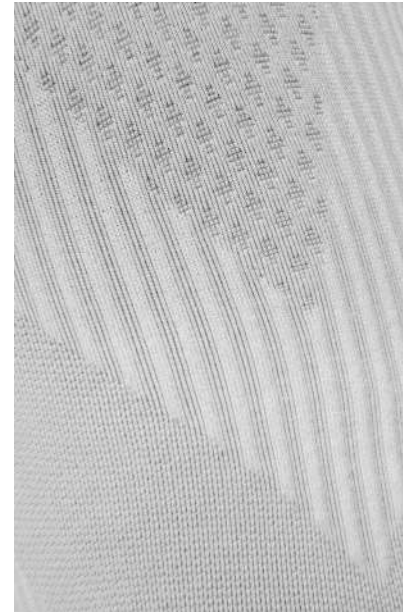
White S/M: ADSL-13023WH-NL

White L/XL: ADSL-13025WH-NL

Black S/M: ADSL-13023BK-NL






Black L/XL: ADSL-13025BK-NL

COMPRESSION CALF SLEEVES



HIGHLIGHTS

Combining performance and comfort, adidas compression sleeves are designed for both training and competition; allowing airflow through the elasticated structure to keep you cool through the toughest sessions.

-  Helps regulate temperature for reduced irritation
-  Allows airflow through to keep you cool
-  Lightweight elasticated design for comfort
-  Machine washable for easy cleaning
-  Supplied as a pair

MODEL NO.

White S/M: ADSL-13323WH-NL

White L/XL: ADSL-13325WH-NL

Black S/M: ADSL-13323BK-NL







Black L/XL: ADSL-13325BK-NL

HAIRBANDS [SET OF 3]



HIGHLIGHTS

Designed to keep your hair under control, adidas hairbands allow you to focus for more effective training sessions. Made from durable lycra material with a transparent silicone inlay, the hairbands stay put throughout the most energetic workouts. Complete as a pack of three matching bands, you can switch up your style for more outfit variety. The set features two thin and one thicker hairband, matching your needs across any sporting or training environment.

-  Ideal for use during all types of training and sports
-  Made from durable lycra material for a snug fit
-  Internal silicone strip reduces slipping
-  Washable at 30° and quick to drip dry
-  One size fits all
-  Pack of 3 bands - Includes two thin and one thicker hairband to suit all needs



VIDEO

MODEL NO.

Lucid Pink, White & Black: ADAC-16160








Black & White: ADAC-16161

HAIRBANDS [SET OF 3]



HIGHLIGHTS

Designed to keep your hair under control, adidas hairbands allow you to focus for more effective training sessions. Made from durable lycra material with a transparent silicone inlay, the hairbands stay put throughout the most energetic workouts. All three bands offer reflective silver elements, commanding attention in low-light environments to promote greater visibility for added safety throughout the darker months.

-  Ideal for use during all types of training and sports
-  Reflective silver logos increase visibility for safer low-light training
-  Made from durable lycra material for a snug fit
-  Internal silicone strip reduces slipping
-  Washable at 30° and quick to drip dry
-  One size fits all
-  Pack of 3 bands



VIDEO

MODEL NO.







Lucid Lemon, White & Silver Reflective: ADAC-16197

HAIRBANDS [SET OF 6]



HIGHLIGHTS

Designed to keep your hair under control, adidas hairbands allow you to focus for more effective training sessions. Made from durable lycra material with a silicone inlay, the hairbands stay put throughout the most energetic workouts.

-  Ideal for use during all types of training and sports
-  Made from durable lycra material for a snug fit
-  Internal silicone strip reduces slipping
-  Washable at 30° and quick to drip dry
-  One size fits all
-  Pack of 6 bands



VIDEO

MODEL NO.







Black, White, Red, Purple, Blue & Yellow: ADAC-16180

HAIRBANDS [SET OF 3]



HIGHLIGHTS

Designed to keep your hair under control, adidas hairbands allow you to focus for more effective training sessions. Made from durable lycra material with a silicone inlay, the hairbands stay put throughout the most energetic workouts.

-  Ideal for use during all types of training and sports
-  Made from durable lycra material for a snug fit
-  Internal silicone strip reduces slipping
-  Washable at 30° and quick to drip dry
-  One size fits all
-  Pack of 3 bands



VIDEO

MODEL NO.






Purple Burst, Bliss Pink & White:	ADAC-16198
Lucid Blue, Lucid Pink & White:	ADAC-16199
White, Solar Red & Black:	ADAC-16200-NL
Power Berry, Grey & Black:	ADAC-16201-NL
Taupe, Clay Strata & Earth Strata:	ADAC-16205
Grey, Coral Fusion & Shadow Navy:	ADAC-16204
White, Grey & Black:	ADAC-16203
Silver Dawn, Violet & Legend Ink:	ADAC-16207

HAIRBAND [SINGLE]



HIGHLIGHTS

Designed to keep your hair under control, adidas hairbands allow you to focus for more effective training sessions. Made from durable lycra material with a silicone inlay, the hairbands stay put throughout the most energetic workouts.

-  Ideal for use during all types of training and sports
-  Made from durable lycra material for a snug fit
-  Internal silicone strip reduces slipping
-  Washable at 30° and quick to drip dry
-  One size fits all

MODEL NO.







White:	ADAC-16203WH
Grey:	ADAC-16203GR
Black:	ADAC-16203BK
Taupe:	ADAC-16205TP
Clay Strata:	ADAC-16205CS
Earth Strata:	ADAC-16205ES
Shadow Red:	ADAC-16208RD

HAIR TIES [SET OF 4]



HIGHLIGHTS

Keep your hair at bay with the functional and stylish adidas hair ties. Complete as a pack of four, the black, white, and red hair ties are made from durable woven lycra material, providing a soft and stretchy feel that is gentle on hair without sacrificing the hold you're looking for.

-  Ideal for all training, sports, and day-to-day activities
-  Made from durable woven lycra material
-  Soft and stretchy fabric is gentle on hair without sacrificing hold
-  Lightweight and comfortable to wear for long periods
-  Washable at 30° and quick to drip dry
-  (x4) Pack of 4 hair ties: 2 x black, 1 x white & 1 x red



VIDEO

MODEL NO.








Black, White & Solar Red: ADAC-16210

HAIR SCRUNCHIES [SET OF 2]



HIGHLIGHTS

Keep your hair at bay with the functional and stylish adidas hair scrunchies. Complete as a set of two, the black and graphic scrunchies are made from premium material with a durable elasticated inner band. Providing a soft yet stretchy feel that is gentle on hair, the scrunchies cause minimal friction or snagging without sacrificing the hold you're looking for.

-  Ideal for all training, sports, and day-to-day activities
-  Made from a premium elasticated material blend
-  Soft scrunchie fabric is gentle on hair without sacrificing hold
-  Sits comfortably with minimal friction or snagging
-  Lightweight and comfortable to wear for long periods
-  Washable at 30° and quick to drip dry
-  Set of 2 scrunchies



VIDEO

MODEL NO.








Black & White: ADAC-16500

HAIR SCRUNCHIES [SET OF 2]



HIGHLIGHTS

Keep your hair at bay with the functional and stylish adidas hair scrunchies. Complete as a set of two, the black and pink scrunchies are made from premium material with a durable elasticated inner band. Providing a soft yet stretchy feel that is gentle on hair, the scrunchies cause minimal friction or snagging without sacrificing the hold you're looking for..

-  Ideal for all training, sports, and day-to-day activities
-  Made from a premium elasticated material blend
-  Soft scrunchie fabric is gentle on hair without sacrificing hold
-  Sits comfortably with minimal friction or snagging
-  Lightweight and comfortable to wear for long periods
-  Washable at 30° and quick to drip dry
-  (x2) Set of 2 scrunchies



VIDEO

MODEL NO.

Black & Lucid Pink: ADAC-16550









SPORTS HEADBAND

AEROREADY



HIGHLIGHTS

Designed to keep your hair under control, the sports headband seamlessly blends style and performance. Crafted from moisture-wicking adidas Aeroready material, the sports headband keeps you cool, dry, and focused throughout your workouts. With an elasticated back section offering total comfort and support, the headband stays put throughout all types of training and sports.

-  Ideal for use during all training and sports
-  Moisture-wicking Aeroready material keeps you cool, dry and focussed
-  Reflective silver logos increase visibility for safer low-light training
-  Made from an elasticated, lightweight material blend
-  Elasticated back section for a more secure fit
-  Comfortable wide band with a snug fit
-  Washable at 30° and quick to drip dry
-  One size fits all



VIDEO







MODEL NO.

Lucid Lemon: ADAC-16400YL

Black: ADAC-16400BK

HEADBAND**HIGHLIGHTS**

Made from an elasticated material blend to ensure a snug fit, the adidas headband keeps your hair under control so you can focus on the task at hand. Complete with a printed silicone inlay, the headband stays put throughout any workout, from Yoga to running.

-  Ideal for use during all types of training and sports
-  Made from an elasticated material blend for a snug fit
-  Printed silicone inlay reduces slipping
-  A wider band design provides greater coverage
-  Washable at 30° and quick to drip dry
-  One size fits all

MODEL NO.

Black: ADAC-16211BK-NL







White: ADAC-16211WH-NL

REVERSIBLE HEADBAND



HIGHLIGHTS

With a double-sided design allowing you to switch up your style, the adidas reversible headband keeps your hair in place whilst you train, preventing irritation for more focussed workouts or better competition performance.

-  Ideal for use during all types of training and sports
-  Reversible design allows you to switch up your style
-  Made from an elasticated material blend for a snug fit
-  A wider band design provides greater coverage
-  Washable at 30° and quick to drip dry
-  One size fits all

MODEL NO.

- Black: ADAC-16300BK
- Pink Strata: ADAC-16300PK
- Linen Green: ADAC-16300GN
- Violet: ADAC-16300VT
- Shadow Red: ADAC-16300RD
- Taupe: ADAC-16300TE











STUDIO SOCKS

NEW FOR SS25



HIGHLIGHTS

Whether mastering your flow in yoga, powering through Pilates, or taking on a challenging HIIT session, adidas studio socks deliver the grip, comfort, and protection you need.

-  Enhance grip and comfort during your sessions
-  Full coverage for greater protection and hygiene
-  Ideal for all activities, including studio workouts, Yoga, Pilates, and dance
-  Quality elasticated cotton blend offers a softer feel
-  Thicker padded knit in key contact zones
-  Varying knit patterns provide a snug ergonomic fit
-  Non-slip silicone tread across the soles
-  Silicone lining around the Achilles prevents slipping
-  Extended back tabs make the socks easy to pull on and off
-  Available in sizes S/M (EU 34-39), M/L (EU 39-42) & L/XL (EU 40-45)

MODEL NO.

Black S/M:	ADSK-1000BK	Grey S/M:	ADSK-1000GR
Black M/L:	ADSK-10001BK	Grey M/L:	ADSK-10001GR
Black L/XL:	ADSK-10002BK	Grey L/XL:	ADSK-10002GR

ESSENTIAL TRAINING GLOVES

AEROREADY



HIGHLIGHTS

-  Breathable Aeroready material wicks away sweat
-  Ergonomically padded suedette sections provide protection and enhance durability
-  Ventilated palm design promotes breathability
-  Material extends under fingers to prevent pinching
-  Towelling material on the thumbs for wiping away sweat
-  Integrated wrist tabs and finger pulls make it easy to pull the gloves on & off
-  Elasticated side finger panelling for a comfortable fit
-  Simple Velcro fastening for a more secure fit
-  Made from 50% recycled materials

MODEL NO.

Black XS: ADGB-15000BK	Blue XS: ADGB-15000BL
Black S: ADGB-15001BK	Blue S: ADGB-15001BL
Black M: ADGB-15002BK	Blue M: ADGB-15002BL
Black L: ADGB-15003BK	Blue L: ADGB-15003BL
Black XL: ADGB-15004BK	Blue XL: ADGB-15004BL
Green XS: ADGB-15000GN	Pink XS: ADGB-15000PK
Green S: ADGB-15001GN	Pink S: ADGB-15001PK
Green M: ADGB-15002GN	Pink M: ADGB-15002PK
Green L: ADGB-15003GN	Pink L: ADGB-15003PK
Green XL: ADGB-15004GN	Pink XL: ADGB-15004PK
Red XS: ADGB-15000RD	White XS: ADGB-15000WH
Red S: ADGB-15001RD	White S: ADGB-15001WH
Red M: ADGB-15002RD	White M: ADGB-15002WH
Red L: ADGB-15003RD	White L: ADGB-15003WH
Red XL: ADGB-15004RD	White XL: ADGB-15004WH

ESSENTIAL TRAINING GLOVES

AEROREADY



HIGHLIGHTS

-  Breathable Aeroready material wicks away sweat
-  Ergonomically padded suedette sections provide protection and enhance durability
-  Ventilated palm design promotes breathability
-  Material extends under fingers to prevent pinching
-  Towelling material on the thumbs for wiping away sweat
-  Integrated wrist tabs and finger pulls make it easy to pull the gloves on & off
-  Elasticated side finger panelling for a comfortable fit
-  Simple Velcro fastening for a more secure fit
-  Made from 50% recycled materials



VIDEO

MODEL NO.

Graphic XS: ADGB-15000AB

Graphic S: ADGB-15001AB

Graphic M: ADGB-15002AB

Graphic L: ADGB-15003AB











Graphic XL: ADGB-15004AB

PERFORMANCE TRAINING GLOVES

AEROREADY



HIGHLIGHTS

-  Breathable Aeroready material wicks away sweat
-  Ergonomically padded suedette sections provide protection and enhance durability
-  Ventilated palm design promotes breathability
-  Material extends under fingers to prevent pinching
-  Towelling material on the thumbs for wiping away sweat
-  Integrated wrist tabs and finger pulls make it easy to pull the gloves on & off
-  Elasticated side finger panelling for a comfortable fit
-  Comfortable fabric inner lining
-  Simple Velcro fastening for a more secure fit
-  Made from 50% recycled materials



MODEL NO.

Blue XS: ADGB-15010BL	Grey XS: ADGB-15010GR
Blue S: ADGB-15011BL	Grey S: ADGB-15011GR
Blue M: ADGB-15012BL	Grey M: ADGB-15012GR
Blue L: ADGB-15013BL	Grey L: ADGB-15013GR
Blue XL: ADGB-15014BL	Grey XL: ADGB-15014GR

WOMEN'S TRAINING GLOVES



HIGHLIGHTS

Designed for maximum comfort, the women's training gloves feature an open-backed design and breathable materials to provide a more natural feel whilst allowing air to circulate freely.

-  Breathable material construction keeps you cool & dry
-  Open-backed design promotes airflow
-  Comfortable elastic straps ensure a secure fit
-  Simple Velcro fastening sits across the wrist
-  Hardwearing Lycra material construction
-  Padded key contact zones ensure greater comfort and protection
-  Full palm coverage guards against calluses & blisters
-  Silicone printed palm detailing maximises grip
-  Comfortable fabric inner lining
-  Made from 50% recycled materials



VIDEO

MODEL NO.

Black S:	ADGB-15021BK	Crimson S:	ADGB-15021
Black M:	ADGB-15022BK	Crimson M:	ADGB-15022
Black L:	ADGB-15023BK	Crimson L:	ADGB-15023
Black XL:	ADGB-15024BK	Crimson XL:	ADGB-15024

STRENGTH TRAINING GLOVES

AEROREADY



HIGHLIGHTS

-  Breathable Aeroready material wicks away sweat
-  Hardwearing suedette panels across key contact zones enhance grip and durability
-  Ergonomic palm padding for comfort and protection
-  Ventilated palm sections further promote airflow
-  Full palm coverage guards against calluses & blisters
-  Towelling material on the thumbs for wiping away sweat
-  Dual finger pulls allow for quick and easy removal
-  Material extends under fingers to prevent pinching
-  Comfortable fabric inner lining
-  Thick, Velcro wrist wrap closure provides support, improves grip, and minimises fatigue
-  Made from 50% recycled materials



VIDEO

MODEL NO.

XS: ADGB-15040

L: ADGB-15043

S: ADGB-15041

XL: ADGB-15044

M: ADGB-15042

WRIST WRAP TRAINING GLOVES

AEROREADY



HIGHLIGHTS

-  Ideal for all types of training including weightlifting and calisthenics
-  Breathable Aeroready material wicks away sweat
-  Hardwearing faux leather panels across key contact zones enhance grip and durability
-  Ergonomic palm padding for comfort and protection
-  Ventilated palm sections further promote airflow
-  Full palm coverage guards against calluses & blisters
-  Towelling material on the thumbs for wiping away sweat
-  Dual finger pulls allow for quick and easy removal
-  Material extends under fingers to prevent pinching
-  Thick double wrist wraps provide greater support, improve grip, and minimise fatigue
-  Made from 50% recycled materials



VIDEO

MODEL NO.









XS: ADGB-15050 L: ADGB-15053
 S: ADGB-15051 XL: ADGB-15054
 M: ADGB-15052

OPEN BACK TRAINING GLOVES



HIGHLIGHTS

Made to guard your hands and elevate your game, the open back training gloves are the ultimate training companion. Crafted with your comfort and protection in mind, the gloves' open-backed design promotes breathability with a more natural feel, whether you're pushing for new lifting PBs or mastering callisthenics.

-  Open-backed design promotes breathability, helping to keep your hands cool
-  Ideal for all types of training including weightlifting and calisthenics
-  Silicone-gripped palm provides total grip
-  Full palm coverage guards against calluses & blisters
-  Soft fabric inner lining provides additional padding
-  Comfortable finger loops ensure the gloves stay put
-  Thick, Velcro double wrist wraps provide greater support, improve grip, and minimise fatigue
-  Made from 50% recycled materials



VIDEO

MODEL NO.

XS: ADGB-15060 L: ADGB-15063
 S: ADGB-15061 XL: ADGB-15064
 M: ADGB-15062








FULL FINGER ESSENTIAL GLOVES

AEROREADY



HIGHLIGHTS

Designed to maximise grip whilst protecting your hands, the adidas full finger essential gloves help you push your workouts whatever the conditions. Featuring Aeroready material technology to keep you cool and dry, the gloves promote breathability whilst keeping you warm with the full finger profile offering complete coverage and protection against cold bars or icy conditions.

-  Breathable Aeroready material wicks away sweat
-  Touchscreen compatible thumb and forefinger
-  Elasticated side finger panelling for a comfortable fit
-  Grippy detailing across the upper palm and fingers
-  Robex coated palm delivers complete durability
-  Elasticated wrist section provides a snug and secure fit
-  Integrated thumb-towelling for wiping away sweat

MODEL NO.

S: ADGB-12823-NL

M: ADGB-12824-NL

L: ADGB-12825-NL

XL: ADGB-12826-NL






FULL FINGER PERFORMANCE GLOVES

AEROREADY



HIGHLIGHTS

Made from the latest Aeroready Technology, the adidas full finger gloves are built for performance. Designed to keep you cool whilst you train, the Aeroready tech wicks sweat from your hands for total comfort and reduced irritation. Fitted with a strong elasticated Velcro strap, the glove's custom fit combines with the ergonomic palm for maximum protection and grip.

-  Breathable Aeroready material wicks away sweat
-  Touchscreen compatible thumb and forefinger
-  Durable ergonomic palm for maximum protection
-  Adjustable Velcro fastening ensures a secure fit
-  Corrugated section across the knuckles forms around the hand

MODEL NO.

S: ADGB-13343-NL

M: ADGB-13344-NL

L: ADGB-13345-NL

XL: ADGB-13346-NL










WRIST PROTECTORS

NEW FOR SS25



HIGHLIGHTS

Designed to shield your wrists and forearms from discomfort and rubbing, the wrist protectors provide light compression, cushioning, and extra wrist stability, making them perfect for all kinds of strength training, from kettlebell swings to heavy Olympic lifts.

-  Prevents wrist discomfort and rubbing from lifting accessories or kettlebells
-  Provides light compression, wrist cushioning, and added stability
-  Ideal accessory for all types of strength training
-  Absorbent fabric helps wipe away sweat
-  Keep your hands dry for a stronger grip and more focused reps
-  Made from quality knitted material
-  Soft and lightweight design provides greater comfort
-  One size bands form to your wrists
-  Supplied as a pair

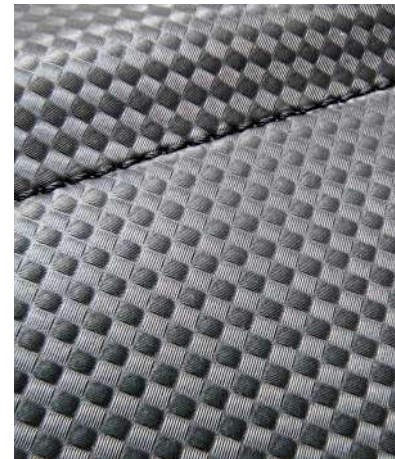
MODEL NO.

Black & White: ADST-13403BK

Black & Pink: ADST-13403PK










LIFTING GRIPS PACK

NEW FOR SS25



HIGHLIGHTS

Combining lifting grips with wrist protectors to deliver greater comfort and an amplified hold, the pack allows you to lift stronger and unleash your full potential.

-  Helps reduce grip and forearm fatigue to boost reps and improve form
-  Comfortable knitted wrist protectors prevent discomfort and rubbing
-  Allows you to wipe away sweat and keep your hands dry
-  Ideal for aiding heavy pull movements like deadlifts, rows, and pull-ups
-  Compatible with all equipment, including bars, dumbbells, kettlebells, and rings
-  Double-sided PU design with quadrate pattern across the grip to deliver greater traction
-  Enhance comfort whilst protecting your hands & wrists
-  Secure Velcro wrist fastening with metal D buckle
-  Supplied as a pair of lifting grips and wrist protectors

MODEL NO.

Black & White S/M: ADST-13401BK

Black & White L/XL: ADST-13402BK

Black & Pink S/M: ADST-13401PK

Black & Pink L/XL: ADST-13402PK





LIFTING STRAPS

NEW FOR SS25



HIGHLIGHTS

Engineered to create and maintain a stronger grip, the lifting straps allow you to push through your toughest sets with precision and power. Designed to reduce grip fatigue, the straps allow you to unlock extra reps and hit new PRs while staying focused on your form.

-  Maintain a stronger grip for more effective and targeted sets
-  Reduces grip fatigue to boost reps and improve form
-  Ideal for aiding heavy pull movements like deadlifts, rows, and pull-ups
-  Printed traction lines improve your grip security to maximise each rep
-  5mm thick foam padding placed across your wrists helps prevent irritation
-  Made from a highly durable material
-  One size fits all
-  Supplied as a pair

MODEL NO.

Black & White: ADST-13000BK







Black & Pink: ADST-13000PK

LIFTING STRAPS



HIGHLIGHTS

Made to enhance your training, the adidas lifting straps help secure your connection to the bar whilst reducing grip fatigue. Durable woven with neoprene padding, the straps wrap easily around the bar for total comfort and performance.

-  Helps anchor your connection to the bar
-  Reduces grip fatigue
-  Comfortable neoprene padding for total comfort
-  Durable woven straps
-  One size fits all
-  Supplied as a pair

MODEL NO.

ADGB-12141-NL

WRIST WRAPS

NEW FOR SS25



HIGHLIGHTS

Engineered to stabilise and reinforce your wrists, the adidas wrist wraps are your key to stronger and more effective lifts. Perfect for all types of strength training, the wraps reduce strain and grip fatigue, empowering you to tackle even the heaviest weights with confidence.

-  Offers reinforced wrist stability for stronger lifting
-  Reduces wrist strain and grip fatigue
-  Ideal for all types of strength training
-  Helps improve your range of push and pull movements
-  Breaks training plateaus by assisting heavier lifts
-  Secure Velcro fastening
-  Integrated loops allow for seamless wrapping
-  Strong woven design, with a highly durable elasticated material blend
-  One size fits all
-  Supplied as a pair

MODEL NO.

Black & White: ADST-13200BK


Black & Pink: ADST-13200PK

WRIST WRAPS



HIGHLIGHTS

Made from durable elasticated material, the adidas wrist wraps provide support and stability to help advance your compound lifting. Featuring an elasticated thumb strap and Velcro fastening, the wraps offer a tailorable fit for maximum comfort and protection.

-  Provides support and stability to advance your lifting
-  Offers comfort and protection
-  Elasticated thumb strap
-  Secure Velcro fastening
-  Durable elasticated material
-  One size fits all
-  Supplied as a pair

MODEL NO.





ADAC-13100-NL

ESSENTIAL WEIGHTLIFTING BELT



HIGHLIGHTS

Built to establish new lifting thresholds, the adidas essential belt creates focussed support; bracing your core and lumbar to drive through each defining set. Enhancing comfort through stability, the Velcro strap and off-centred buckle lever the belt into position for un-restricted form in every movement.

-  Dense foam core for added support and comfort
-  Strong Velcro strap for a tailored fit and secured support
-  Fitted with a robust iron loop and seamless roller
-  Durably bound by a stitched edging

MODEL NO.







S: ADGB-12253-NL L: ADGB-12255-NL
M: ADGB-12254-NL XL: ADGB-12256-NL

PERFORMANCE WEIGHTLIFTING BELT



HIGHLIGHTS

Created to amplify your squats and deadlifts, the performance belt stabilises the core with greater support and strength to push towards your elite.

-  Ventilated 8mm foam
-  Cushioned mesh lining for maximum airflow
-  Dense compressive core for both comfort and rigidity
-  Wide Velcro strap offers total support and stability
-  Fitted with a robust iron loop and seamless roller
-  Durably bound by a stitched edging

MODEL NO.

S: ADGB-12285-NL L: ADGB-12287-NL
M: ADGB-12286-NL XL: ADGB-12288-NL

BARBELL PAD

NEW FOR SS25



HIGHLIGHTS

Whether you're powering through squats, lunges, or hip thrusts, the barbell pad ensures every rep is executed with comfort and precision. Crafted with a high-density NBR core, the pad provides total cushioning and protection, reducing discomfort and irritation during heavy or high-rep sets.

-  Greater comfort for squats, lunges, and hip thrusts
-  Creates even weight distribution across the shoulders and hips
-  Helps to prevent barbell movement for safer and stronger reps
-  High-density NBR foam for total comfort & protection
-  Made from a durable yet comfortable Oxford fabric
-  Features sweat-resistant and anti-bacterial properties
-  Strong Velcro closure ensures the pad stays locked in
-  Silicone-dotted inlay grips your bar
-  Designed for use with bars up to Olympic size
-  Measures 40cm / 15.7" in length

MODEL NO.

Black: ADST-13100BK







Pink: ADST-13100PK

WEIGHTED GLOVES



HIGHLIGHTS

Designed to develop upper body power and speed, the adidas weighted gloves make the easiest of movements that bit harder, taxing muscular endurance whilst toning and strengthening.

-  Enhances muscular endurance and strength
-  Open palms for a natural feel and grip
-  Iron sand filling moulds to the back of the hand for added comfort
-  Elasticated wraparound Velcro strap for a secure fit
-  Made from comfortable and durable neoprene
-  Supplied as a pair

MODEL NO.

0.5 kg: ADWT-12325-NL









1.0 lb: ADWT-12325I-NL

WEIGHTED BANGLES



HIGHLIGHTS

Providing constant but comfortable resistance during your workouts, adidas weighted bangles are the perfect accessory to take your sessions to the next level.

-  Adds constant but comfortable resistance to your workouts with 0.5kg / 1lb on each bangle
-  Ideal for use during aerobics, walking, core training and yoga
-  Can be worn on either the ankles or wrists
-  Strong Velcro fastening
-  Internal ribbing ensures the weights stay put
-  Made from high-quality materials for increased comfort and durability
-  Steel-cored weights wrapped in a soft silicone shell
-  Supplied as a pair

MODEL NO.






ADWT-12200

ANKLE / WRIST WEIGHTS



HIGHLIGHTS

Designed to enhance your workouts, the adidas ankle/wrist weights bring added resistance to bodyweight exercises, making them ideal for increasing the intensity of your training. Ideal for strength, cardio and muscular endurance, the weights provide the extra difficulty needed to help progress your fitness further.

-  Develops strength, cardio and muscular endurance
-  Increases the difficulty of bodyweight exercises
-  Strong Velcro fastening for a secure fit
-  Even weight distribution ensures a seamless fit
-  Supplied as a pair

MODEL NO.







0.5 kg:	ADWT-12320-NL	1.0 lb:	ADWT-12320I-NL
1.0 kg:	ADWT-12321-NL	2.0 lb:	ADWT-12321I-NL
1.5 kg:	ADWT-12322-NL	3.0 lb:	ADWT-12322I-NL

PERFORMANCE ANKLE / WRIST WEIGHTS



HIGHLIGHTS

Built to challenge your bodyweight movements, the adidas performance ankle/wrist weights provide additional resistance to your exercises without adding strain on joints that traditional weight training may bring. Ideal for building strength, cardio and muscular endurance, the performance weights provide the extra difficulty needed to elevate your fitness.

-  Develops strength, cardio and muscular endurance
-  Increases the difficulty of bodyweight exercises
-  Velcro fastening and cast iron buckle for a secure fit
-  Outer facing weight pouches provide a more comfortable fit with reduced weight shift
-  Suede effect inner lining provides extra comfort
-  Supplied as a pair

MODEL NO.

0.5 kg:	ADWT-12630-NL	1.0 lb:	ADWT-12630I-NL
1.0 kg:	ADWT-12631-NL	2.0 lb:	ADWT-12631I-NL
1.5 kg:	ADWT-12632-NL	3.0 lb:	ADWT-12632I-NL
2.0 kg:	ADWT-12634-NL	4.0 lb:	ADWT-12634I-NL








PERFORMANCE ADJUSTABLE WEIGHT VEST

AEROREADY



HIGHLIGHTS

Fully adjustable; the adidas performance weight vest develops complete fitness and conditioning. Ideal for both cardio and bodyweight workouts, the vest adds up to 10kg / 20lb of weight to ramp up your training intensity.

-  Adjustable weight with a total of 10kg / 20lb
-  Aeroready technology
-  Multiple Velcro fastenings
-  Tailored and secure fit
-  Padded shoulders for comfort
-  Ergonomically placed weight pouches
-  Weight pouches: 8 x 0.5kg, 6 x 1.0kg / 8 x 1lb, 6 x 2lb



VIDEO

MODEL NO.

10kg: ADWT-12637-NL





20lb: ADWT-12637I-NL

DUMBBELLS [PAIR]



HIGHLIGHTS

Neoprene coated with a cast iron core, adidas dumbbells help strengthen and tone; broadening your exercise potential with 1-5 kg / 2-10lb options to scale the difficulty. Featuring a unique hexagonal design, the dumbbells stay put once set down for added safety and ease of storage.

-  Helps strengthen and tone
-  Neoprene coated with a cast iron core
-  Hexagonal design prevents rolling
-  Supplied as a pair

MODEL NO.




1.0 kg: ADWT-11401-NL	4.0 kg: ADWT-11404-NL
2.0 kg: ADWT-11402-NL	5.0 kg: ADWT-11405-NL
3.0 kg: ADWT-11403-NL	

ADJUSTABLE CHROME DUMBBELL



HIGHLIGHTS

Made from chrome-coated steel for greater durability, the adidas adjustable dumbbell delivers a tailorable alternative to standard weights. Complete with a 0.5kg steel bar, 8 x 0.5kg plates and 2 x 0.25kg screw collars, the adjustable dumbbell gives you a weight range from 1-5kg.

-  Adjustable design with a 1-5 kg weight range
-  Built for both isolated and compound movements
-  Made from durable, chrome-coated steel
-  Laser etched knurl for enhanced grip
-  Quick and easy to adjust with screw collars
-  Includes:
8 x 0.5kg plates, 2 x 0.25kg screw collars & 0.5kg bar

MODEL NO.









ADWT-11400

WEIGHT SET



HIGHLIGHTS

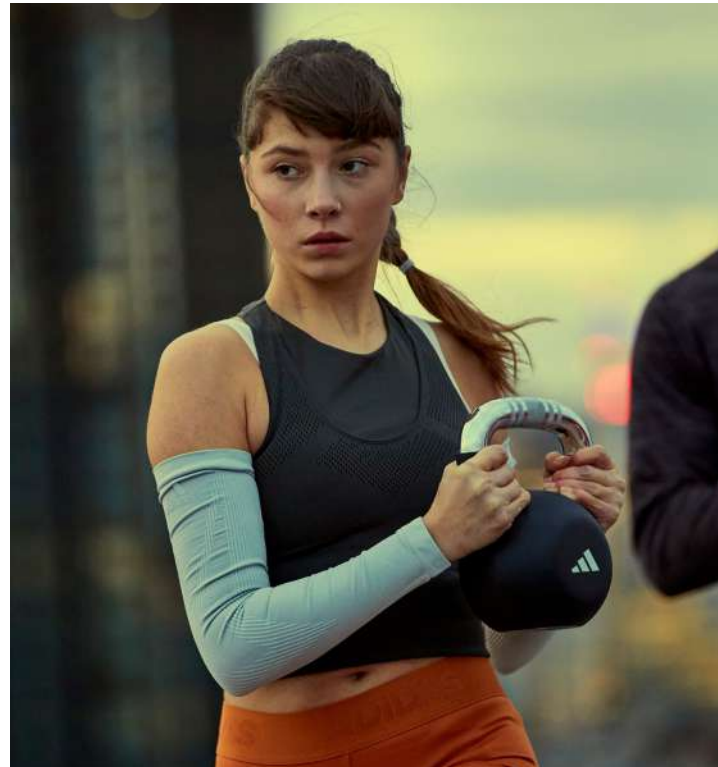
A quality addition to any home gym setup, the 20 kg / 44lb weight set is designed to help achieve your fitness goals, allowing you to target the entire body with a variety of workouts, including HIIT and strength training sessions.

-  Target the entire body with various workouts including HIIT and strength sessions
-  Coated cast iron plates ensure lasting performance
-  2.5 kg steel bar offers greater strength and durability
-  Knurled bar sections boost your grip whilst aiding hand placement to improve form
-  Gripped handles on the plates for easy loading and use off the bar
-  2 quick-locking bar collars for safety and security
-  Constructed from quality materials for a hardwearing and solid build
-  Includes:
2 x 5kg, 2 x 2.5kg, 2 x 1.25kg weight plates, 2.5 kg steel bar, and 2 x bar collars

MODEL NO.






ADWT-11200

KETTLEBELL



HIGHLIGHTS

A strength and conditioning essential, adidas kettlebells are a staple for any fitness regime. Built for both isolated and compound movements, kettlebells develop stamina, strength and muscular endurance; enhancing your overall fitness with dynamic and effective movements.

-  Develops stamina, strength and muscular endurance
-  Neoprene coated with a cast iron core
-  Flat base prevents rolling
-  Wide design for single & double-handed movements
-  Knurled handle for enhanced grip

MODEL NO.






4 kg / 9 lb: ADWT-11504-NL 12 kg / 26 lb: ADWT-11512-NL
 8 kg / 18 lb: ADWT-11508-NL 16 kg / 35 lb: ADWT-11516-NL

ADJUSTABLE GRIP TRAINER



HIGHLIGHTS

Built to develop grip strength, the adjustable grip trainer specifically targets the forearms and hand muscles. Featuring a solid metal spring and durably moulded frame, the grip trainer allows you to increase not only the strength of these muscles but also your muscular endurance, helping you to reach heavier lifts and greater reps

-  Ideal for developing forearm and grip strength
-  Helps to bolster your heavier lifts and maximise lifting reps
-  Tension adjustment dial to tune your resistance
-  Four adjustable resistance levels: 10 - 40 kg
-  High-grip handles for a secure hold
-  Solid metal spring mechanism

MODEL NO.









ADAC-11400GR

POWER TUBE



HIGHLIGHTS

Designed to create full-body workouts with minimal equipment or space, adidas power tubes allow you to hit all key muscle groups regardless of where and when you get to train.

-  Designed to help strengthen and tone
-  Ideal for both upper and lower body workouts
-  Foam padded handles for a more comfortable grip
-  Sleeve prevents wear & contains the tube for safety
-  Recycled PP webbing used to create the safety sleeve
-  Latex tube material is strong and tear-resistant
-  Versatile and durable training accessory
-  Available in three weight levels:
L1 / 15kg, L2 / 20kg & L3 / 25 kg

MODEL NO.

L1: ADTB-10610-NL

L2: ADTB-10611-NL








L3: ADTB-10612-NL

RESISTANCE TUBE



HIGHLIGHTS

Allowing you to create full-body workouts anywhere, adidas resistance tubes help you strengthen and tone both the upper and lower body. With a near endless list of exercise options, the resistance tubes are lightweight, durable, and versatile; perfect for use at home, on the go or whilst travelling.

-  Designed to help strengthen and tone
-  Ideal for both upper and lower body workouts
-  Foam padded handles for a more comfortable grip
-  Recycled PP webbing is used to create the handles
-  TPR tube material is strong and tear-resistant
-  Versatile and durable training accessory
-  Available in three weight levels:
L1/ 5 kg, L2/ 10 kg & L3/ 15 kg

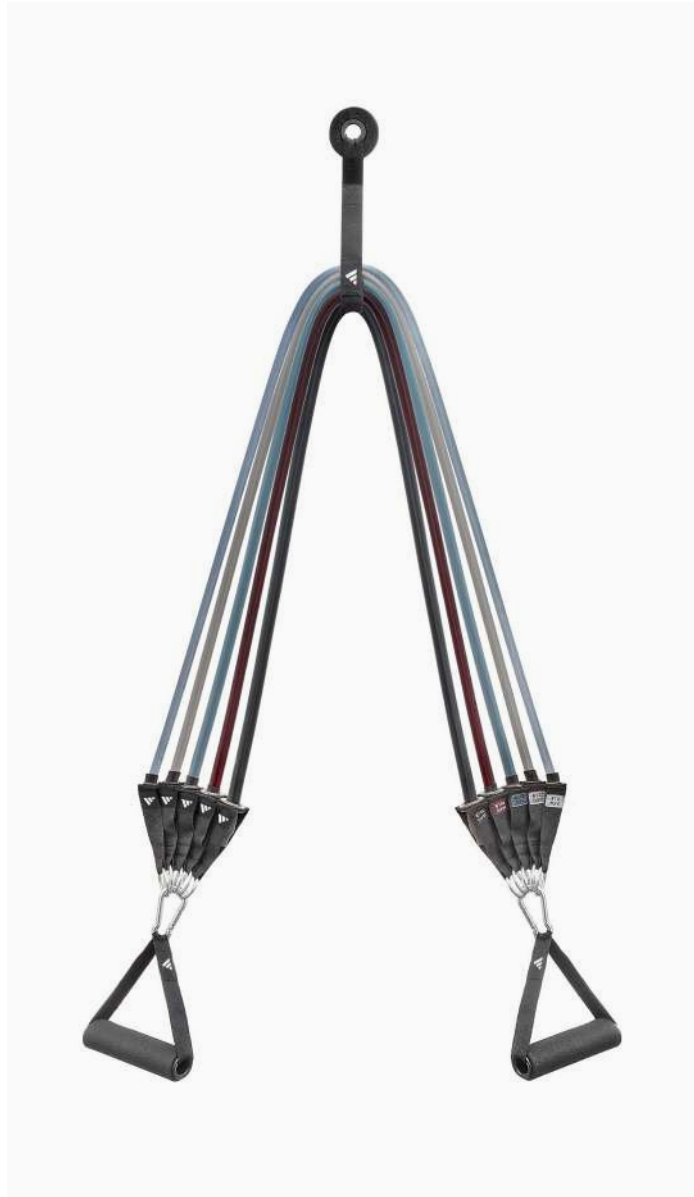
MODEL NO.

L1: ADTB-10504-NL

L2: ADTB-10505-NL










L3: ADTB-10506-NL

RESISTANCE TUBE SET



HIGHLIGHTS

With five interchangeable and combinable tubes included, the resistance tube set offers a maximum total resistance of 75 kg to push your strength whenever and wherever you can train. With a quick and easy clip attachment system, the set adjusts from 5 - 75 kg of resistance load within seconds.

-  5 interchangeable and combinable resistance levels: 5 kg, 10 kg, 15 kg, 20 kg & 25 kg
-  Ideal for full-body strength and toning workouts
-  Foam padded handles for a comfortable grip
-  Recycled PP webbing is used to create the handles
-  Carry bag included for keeping the set together
-  Door anchor included
-  Ankle strap included
-  TPR tube material is strong and tear-resistant
-  Durable design with versatile functionality
-  Metal rings for quick transitions

MODEL NO.







ADTB-10507-NL

RESISTANCE BAND



HIGHLIGHTS

The adidas resistance band is an essential accessory for lower body workouts; bringing steady and stabilising resistance to your training for greater strength and muscular endurance. The band can also be used for rehabilitation exercises, helping to isolate muscles and improve recovery.

-  Essential training accessory for lower body workouts
-  Enhances both weighted and bodyweight sessions
-  Improves strength and muscular endurance
-  Suitable for rehabilitation exercises
-  Elasticated weave for flexibility and durability
-  Internal silicone strips reduce slipping



VIDEO

MODEL NO.









Light / Green:	ADTB-10703GN-NL
Light / Grey:	ADTB-10703GR-NL
Medium / Legacy Purple:	ADTB-10704PL-NL
Medium / Stone:	ADTB-10704ST-NL
Heavy / Black:	ADTB-10705BK-NL
Heavy / Legacy Blue:	ADTB-10705BL-NL

RESISTANCE BAND [SET OF 3]



HIGHLIGHTS

adidas resistance bands are an essential accessory for lower body workouts; bringing steady and stabilising resistance to your training for greater strength and muscular endurance. The bands can also be used for rehabilitation exercises, helping to isolate muscles and improve recovery.

-  Essential training accessory for lower body workouts
-  Enhances both weighted and bodyweight sessions
-  Improves strength and muscular endurance
-  Suitable for rehabilitation exercises
-  Elasticated weave for flexibility and durability
-  Internal silicone strips reduce slipping
-  Includes 1 light, 1 medium, & 1 heavy band
-  Carry bag included



VIDEO

MODEL NO.

Grey, Stone & Black: ADTB-10710-NL









Green, Legacy Purple & Blue: ADTB-10711-NL

RESISTANCE BAND [SET OF 2]



HIGHLIGHTS

adidas resistance bands are an essential accessory for lower body workouts; bringing steady and stabilising resistance to your training for greater strength and muscular endurance. The bands can also be used for rehabilitation exercises, helping to isolate muscles and improve recovery.

-  Essential training accessory for lower body workouts
-  Enhances both weighted and bodyweight sessions
-  Improves strength and muscular endurance
-  Suitable for rehabilitation exercises
-  Elasticated weave for flexibility and durability
-  Internal silicone strips reduce slipping
-  Includes 1 medium & 1 heavy band
-  Carry bag included

MODEL NO.





ADTB-10711-2-NL

ESSENTIAL SKIPPING ROPE



HIGHLIGHTS

Fit for circuits, boxing, or any other training style, the adidas essential skipping rope allows you to build your stamina whilst developing speed, timing, and coordination. Complete with moulded plastic handles that sit ergonomically in hand, the essential rope is both comfortable and easy to grip.

-  Fit for building endurance, timing and coordination
-  Made from a rubber-like material, the rope delivers greater speed and accuracy
-  Moulded plastic handles provide a comfortable and secure grip
-  300cm long - easily cut & adjusted to match your height

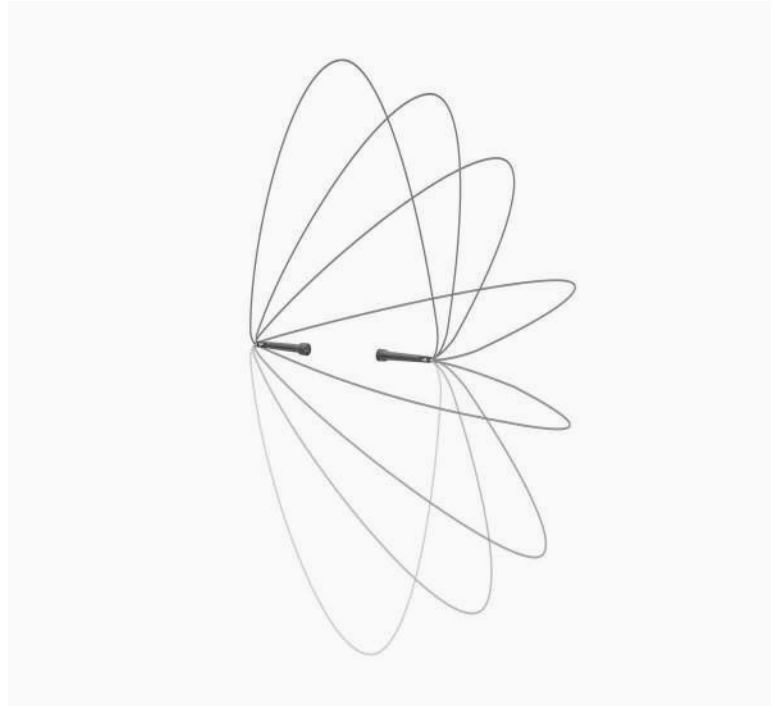
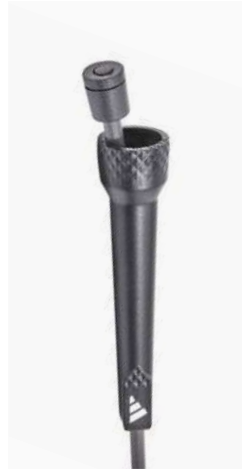


VIDEO

MODEL NO.






ADRP-11017BK

ESSENTIAL SKIPPING ROPE



HIGHLIGHTS

Built for developing complete cardio endurance through a host of training styles, the adidas essential skipping rope provides an outlet to build speed, timing and coordination.

-  Fit for building endurance, timing and coordination
-  Thumb platform for greater control of the handles
-  Made from rubber-like pp material, the rope delivers greater speed and accuracy
-  Ergonomic, moulded plastic handle design
-  280cm long - easily cut & adjusted to match your height

MODEL NO.







ADRP-13011-NL

SKIPPING ROPE



HIGHLIGHTS

Designed with an ergonomic bottleneck inspired structure, the adidas skipping rope is ideal for developing your cardio endurance whilst working on your foot speed and total coordination.

-  Fit for building endurance, timing and coordination
-  Integrated tangle-free ball bearing mechanism creates smoother rotations
-  Thinner braided steel wire with rubber-like coating delivers optimal rotation speed and rope path control
-  Moulded plastic handles feature a smooth bottleneck design for a stronger and more comfortable grip
-  Includes a drawstring mesh carry bag for easy storage
-  300 cm long - easily adjusted without cutting

MODEL NO.






ADRP-13311

SPEED ROPE



HIGHLIGHTS

Designed to suit any training regime, the adidas speed rope brings a new dimension to your cardio workouts. Ideal for developing overall speed, timing and coordination, the speed rope features an internal ball bearing mechanism, ensuring smooth and efficient rotations for more elite skipping sessions.

-  Fit for building endurance, timing and coordination
-  Integrated tangle-free ball bearing mechanism creates smoother rotations
-  Made from a rubber-like material, the rope delivers greater speed and accuracy
-  Foam padded handles with three knurled stripes for a comfortable and secure grip
-  300cm long - easily cut & adjusted to match your height



VIDEO

MODEL NO.









ADRP-12234-NL

WEIGHTED SKIPPING ROPE



HIGHLIGHTS

Built for top-level skipping performance, the adidas weighted skipping rope is specifically designed to deliver ultra-smooth rotations. Fitted with an integrated swivel ball bearing mechanism at the shoulder of each handle, the rope swings true to the motion you put through it.

-  Ideal for building endurance, timing and coordination
-  Moulded plastic handles for a stronger grip
-  Integrated tangle-free ball bearing mechanism creates smoother rotations
-  Interchangeable 2.5mm and 4.5mm options
-  Coated braided steel ropes deliver optimal rotation speed and path control
-  300 cm long - easily adjusted via a simple screw
-  Includes two 100g removable inserts
-  Includes a recycled carry bag for easy storage

MODEL NO.






ADRP-13511

AB WHEEL



HIGHLIGHTS

Designed to develop total core strength, the adidas ab wheel is a great addition to traditional core training. Allowing you to perform rollouts, the wheel engages the entire core to develop both your stability and strength in one dynamic movement.

-  Achieve greater strength & stability through rollouts
-  Targets the entire core, back and shoulders
-  Created with a durable PP material construction
-  Rubber-like tyre surface grip maximises traction
-  Densely padded NBR foam handles



VIDEO

MODEL NO.








ADAC-11404BK-NL

PERFORMANCE AB WHEEL



HIGHLIGHTS

Bringing a new dimension to your core workouts, the adidas performance ab wheel develops total abdominal strength and stability with a simple and effective movement. Targeting the abdominal muscles, obliques, and lower back as you perform the rollout, the ab wheel also works the upper back and shoulders as you contract through to your starting position.

-  Achieve greater strength & stability through rollouts
-  Targets the entire core, back and shoulders
-  Adjustable wheel placement for beginner and advanced modes
-  Durable design capable of supporting all users
-  High-grip wheels maximise traction
-  Ergonomic, TPR covered handles for comfort & grip
-  Lightweight, compact, and quick to assemble



VIDEO

MODEL NO.







ADAC-11407

CORE ROLLERS



HIGHLIGHTS

Offering an array of exercise options, the adidas core rollers engage the entire core, back and shoulders with a wide range of movement options. Delivered as a pair, the rollers take core rolling to a new level, allowing you to roll each side independently and in any direction.

-  Targets the entire core, back and shoulders
-  Twin core rollers vary your exercises to engage different muscle groups
-  Anti-slip wheels provide greater traction
-  Ergonomic, foam covered handles for comfort & grip
-  Lightweight, compact, and durably designed
-  14.5 cm diameter wheels

MODEL NO.


ADAC-11604GR


PUSH UP BARS





HIGHLIGHTS

Designed to enhance each rep, the adidas push up bars allow you to deepen your range of motion for more targeted training. Adding 11.5 cm in height to your push-ups, the bars place greater stress on both your chest, arm and shoulder muscles, helping to boost the effectiveness and challenge of each rep.

 11.5 cm height adds greater depth to your push-ups

 Increased vertical range places more emphasis on the chest, arm, and shoulders

 Foam handles provide greater comfort and grip

 Neutral handle positioning eases wrist discomfort

 Wide base and floor grips add stability and traction



VIDEO

MODEL NO.







ADAC-12231-NL

PREMIUM PUSH UP BARS



HIGHLIGHTS

Allowing you to deepen your push-ups by 14cm, the adidas premium push up bars enhance each rep by creating a deficit that traditional ground movements do not. Placing more emphasis on the chest, shoulder, and arm muscle groups, the premium bars create far more effective and challenging reps.

-  14cm height adds greater depth to your push-ups
-  Increased vertical range places more emphasis on the chest, arm, and shoulders
-  Foam handles provide greater comfort and grip
-  Neutral handle positioning eases wrist discomfort
-  Grippy feet provide maximum floor traction
-  Solid design results in a max. user weight of 130kg

MODEL NO.






ADAC-12233-NL

PERFORMANCE PUSH UP BARS



HIGHLIGHTS

Designed with numbered arrows and a shoulder target, the performance push up bars perpendicular grip alignment encourages perfect form in three highly effective push-up positions. With the embossed arrows facing forwards, the numbered positions can accommodate triceps, deltoid and major pectoral adjustments for more focused and concentrated muscular development.

-  11.7 cm height adds greater depth to your push-ups
-  Ergonomic handles reduce strain on the wrists
-  Numbered positions for targeting different muscles
-  Grippy base adds stability and traction
-  Solid design results in a max. user weight of 120 kg

MODEL NO.







ADAC-12232

SWIVEL PUSH UP BARS



HIGHLIGHTS

Designed to enhance your push-ups; the adidas swivel bars help to achieve a smooth, complete rep. Fitted with a ball bearing disk and rotation lock mechanism, the swivel push-up bars allow you to perform both static and dynamic movements. Designed with a gripped non-slip base, the adidas bars provide a solid platform for your workout.

-  Designed to enhance your push-ups
-  Helps achieve proper form
-  Smooth ball-bearing disc
-  Rotation lock mechanism
-  Grippy, non-slip base
-  Wide grip handles

MODEL NO.






ADAC-11401GR

DOOR GYM



HIGHLIGHTS

Designed with a counterbalance mechanism, the adidas door gym fits most frames for upper body training. Fitted with padded hand grips, the door gym helps target the back and biceps with 3 pull-up variations; also working the chest and triceps when used on the floor.

-  Designed with a counterbalance mechanism
-  Three padded hand grip positions
-  Foam padded door protectors
-  Fits most frames
-  Extends further from the door than most bars; allowing you to perform complete pull-ups













MODEL NO.

ADAC-11402BK

HIIT DECK



HIGHLIGHTS

-  Scan to Train feature - with free exercise videos
-  More than twenty setup combinations
-  Three-position bench support: incline, decline & flat
-  Two levels of height adjustment: 20 & 35 cm
-  Set includes a resistance tube and skipping rope
-  High-grip workout surface for comfort and traction
-  Resistance tube points on the base and backrest
-  Internal storage compartment for small accessories
-  Slip-resistant feet ensure a stable platform
-  No assembly required
-  Ultra-durable design with a 150 kg max. user weight
-  Dimensions: 121.5 x 33.7 x 20 - 35 cm



**WORKOUT
VIDEOS**

MODEL NO.

ADP-15070BK

YOGA

SS25 RANGE












4 mm YOGA MAT



HIGHLIGHTS

Stylishly designed whilst keeping comfort in mind, the adidas 4mm yoga mat is crafted to elevate your yoga experience.

-  176 x 61 cm surface area
-  4mm thick cushioning combines stability and comfort
-  Made from EVA and TPE
-  Non-toxic and PVC-free
-  Constructed using 50% recycled materials
-  Medium density
-  Durable with a soft foam texture
-  Subtle surface texture for grip
-  Subtle base texture for floor traction



VIDEO

MODEL NO.


Collegiate Burgundy:	ADYG-10001CB
Legend Ivy:	ADYG-10001LI
Pink Fusion:	ADYG-10001PF
Black:	ADYG-10001BK
Preloved Ink:	ADYG-10001PI
Silver Violet:	ADYG-10001SV

6 mm YOGA MAT



HIGHLIGHTS

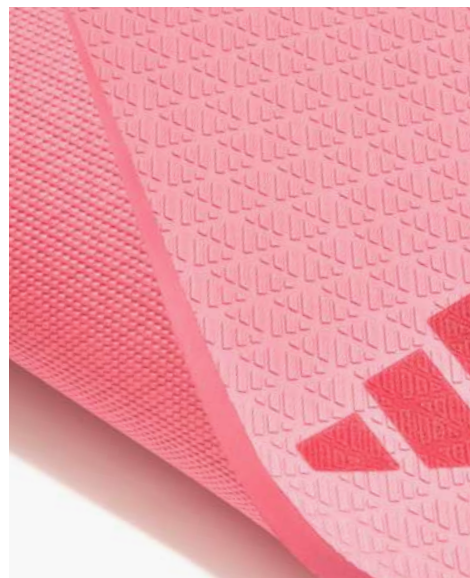
Stylishly designed whilst keeping comfort in mind, the adidas 6mm yoga mat is crafted to elevate your yoga experience.

-  183 x 61 cm surface area
-  6mm thick cushioning combines stability and comfort
-  Made from EVA and TPE
-  Non-toxic and PVC-free
-  Constructed using 50% recycled materials
-  Medium density
-  Durable with a soft foam texture
-  Subtle surface texture for grip
-  Subtle base texture for floor traction
-  Elasticated carry strap included

MODEL NO.

Collegiate Burgundy:	ADYG-10002CB
Legend Ivy:	ADYG-10002LI
Pink Fusion:	ADYG-10002PF
Black:	ADYG-10002BK
Preloved Ink:	ADYG-10002PI
Silver Violet:	ADYG-10002SV

10 mm YOGA MAT



HIGHLIGHTS

Stylishly designed whilst keeping comfort in mind, the adidas 10mm yoga mat is crafted to elevate your yoga experience.

-  183 x 61 cm surface area
-  10^{mm} 10 mm thick cushioning for additional comfort
-  Made from EVA and TPE
-  Non-toxic and PVC-free
-  Constructed using 50% recycled materials
-  Medium density
-  Durable with a soft foam texture
-  Subtle surface texture for grip
-  Subtle base texture for floor traction
-  Elasticated carry strap included

MODEL NO.









Collegiate Burgundy:	ADYG-10003CB
Legend Ivy:	ADYG-10003LI
Pink Fusion:	ADYG-10003PF
Black:	ADYG-10003BK
Preloved Ink:	ADYG-10003PI
Silver Violet:	ADYG-10003SV

7 mm YOGA MAT



HIGHLIGHTS

Delivering a softer feel with a durable but cushioned texture, the adidas 7 mm yoga mat delivers the perfect balance between stability and comfort for more effective yet supported poses. Featuring a smooth surface texture for greater stability, the mat's ribbed base complements the surface by enhancing both traction and stability.

-  173 x 61 cm surface area
-  7_{mm} 7 mm thickness combines stability and comfort
-  Made from NBR
-  PVC-free
-  Soft density
-  Durable with a soft cushioned texture
-  Smooth surface texture for stability
-  Ribbed base texture for floor traction

MODEL NO.

- Wild Pine: ADYG-10010GN-NL
- Preloved brown: ADYG-10010PB
- Shadow Violet: ADYG-10010SV

8 mm YOGA MAT



HIGHLIGHTS

The adidas 8mm yoga mat provides cushioning and stability; with a non-slip texture increasing traction for stronger and more rooted poses.

-  176 x 61 cm surface area
-  8mm thick cushioning for additional comfort
-  Made from EVA and TPE
-  PVC-free
-  Medium density
-  Durable with a soft foam texture
-  Subtle surface texture for grip
-  Wave base texture for floor traction



VIDEO

MODEL NO.

Preloved Fuchsia:	ADYG-10100PF
Preloved Blue:	ADYG-10100PB
Silver Violet:	ADYG-10100SV
Clear Pink:	ADYG-10100CP
Black:	ADYG-10100BK-NL
Trace Blue:	ADYG-10100BL-NL
Mystery Ruby:	ADYG-10100MR-NL
Raw Green:	ADYG-10100RG-NL

10 mm YOGA MAT



HIGHLIGHTS

Made from 10mm thick NBR material, the adidas yoga mat delivers a perfect balance of stability and comfort. Complete with an elasticated shoulder carry strap included, the mat is quick and easy to pack away for transport and storage.

-  183 x 61 cm surface area
-  10_{mm} 10mm thick cushioning for additional comfort
-  Made from NBR
-  PVC-free
-  Soft density
-  Durable with a soft cushioned texture
-  Smooth surface texture for stability
-  Ribbed base texture for floor traction
-  Elasticated carry strap included

MODEL NO.

- Linen Green: ADYG-10210GN
- Hazy Rose: ADYG-10210PK
- Wonder Beige: ADYG-10210WB

10 mm YOGA MAT



HIGHLIGHTS

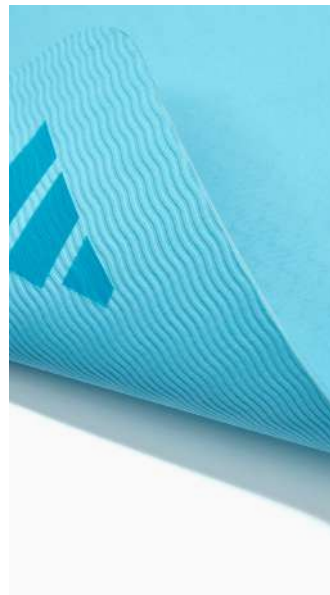
Made from 10mm thick NBR material, the adidas yoga mat delivers a perfect balance of stability and comfort. Complete with an elasticated shoulder carry strap included, the mat is quick and easy to pack away for transport and storage.

-  183 x 61 cm surface area
-  10_{mm} 10 mm thick cushioning for additional comfort
-  Made from NBR
-  PVC-free
-  Soft density
-  Durable with a soft cushioned texture
-  Smooth surface texture for stability
-  Ribbed base texture for floor traction
-  Elasticated carry strap included

MODEL NO.









- Blue: ADYG-10200BL-NL
- Hazy Rose: ADYG-10200PK-NL
- Grey: ADYG-10200GR-NL

5 mm PREMIUM YOGA MAT



HIGHLIGHTS

Made from a malleable TPE material, the premium yoga mat gives a firm grounding without compromising on comfort, increasing stability for added traction and stronger poses.

-  176 x 61 cm surface area
-  5mm 5 mm thickness combines stability and comfort
-  Made from TPE and EVA
-  PVC-free
-  Medium density
-  Durable with a firmer and slightly gummy texture
-  Subtle surface texture for grip
-  Wave base texture for floor traction



VIDEO

MODEL NO.











Preloved Fuchsia:	ADYG-10300PF
Preloved Blue:	ADYG-10300PB
Silver Violet:	ADYG-10300SV
Clear Pink:	ADYG-10300CP
Trace Blue:	ADYG-10300TB
Black:	ADYG-10300BK-NL
Mystery Ruby:	ADYG-10300MR-NL
Raw Green:	ADYG-10300RG-NL

5 mm ANTIMICROBIAL YOGA MAT



HIGHLIGHTS

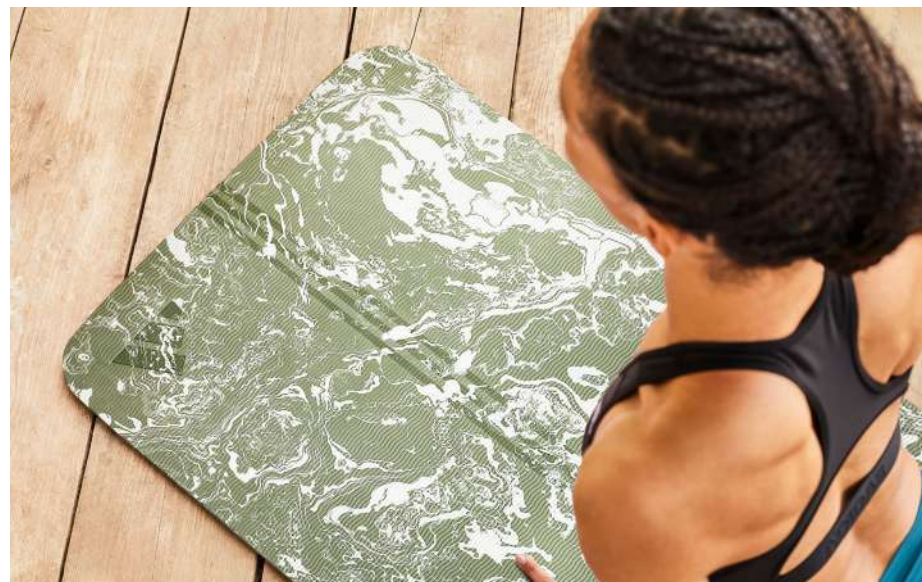
Combining a firmer and slightly gummy texture with a medium-density feel, the adidas 5mm premium antimicrobial yoga mat offers greater stability without overlooking comfort. The antimicrobial material also works to prevent unwanted nasties from growing within the pores of the mat's foam, creating a much more hygienic yoga foundation.

-  176 x 61 cm surface area
-  5mm thickness combines stability and comfort
-  Made from TPE and EVA
-  PVC-free
-  Medium density
-  Durable with a firmer and slightly gummy texture
-  Antimicrobial material
-  Subtle surface texture for grip
-  Wave base texture for floor traction
-  Woven carry string included

MODEL NO.










ADYG-10350MR-NL

5 mm CAMO YOGA MAT



HIGHLIGHTS

Designed for yoga, Pilates and general exercise, the 5mm camo yoga mat is both lightweight and rollable. Made from a malleable TPE material, the mat gives a firm grounding without compromising on comfort, increasing stability for added traction and stronger poses.

-  176 x 61 cm surface area
-  5mm thickness combines stability and comfort
-  Made from TPE and EVA
-  PVC-free
-  Medium density
-  Durable with a firmer and slightly gummy texture
-  Wave surface texture for grip
-  Wave base texture for floor traction
-  Woven carry string included

MODEL NO.



- Coral Fusion: ADYG-10500CF
- Linen Green: ADYG-10500GN
- Raw Steel: ADYG-10500RS-NL

6 mm DOUBLE SIDED YOGA MAT



HIGHLIGHTS

With a double-sided design to help mix up your style, the 6mm yoga mat is made from a TPE/EVA blend, designed to create a medium density with a firmer and slightly gummy texture.

-  176 x 61 cm surface area
-  6mm thickness combines stability and comfort
-  Made from TPE and EVA
-  PVC-free
-  Medium density
-  Durable with a firmer and slightly gummy texture
-  Wave surface texture for grip
-  Wave base texture for floor traction
-  Woven carry string included

MODEL NO.








- Blue and Mint: ADYG-10400BLM-NL
- Blue and Yellow: ADYG-10400BLY-NL
- Grey and Wild Pink: ADYG-10400WP-NL

15 mm PILATES MAT



HIGHLIGHTS

At 15mm thick, the adidas Pilates mat is designed to deliver complete cushioning and comfort. Featuring a ribbed surface and base texture, the Pilates mat provides a more enhanced grip on the mat's top and bottom, boosting the traction on both the floor and your points of contact.

-  180 x 63 cm surface area
-  15mm thick for total comfort
-  Made from NBR
-  PVC-free
-  Soft density
-  Durable with a soft cushioned texture
-  Smooth surface texture for stability
-  Ribbed base texture for floor traction
-  '2 in 1' carry and pose strap included

MODEL NO.







ADYG-10650MR-NL

YOGA BLOCK



HIGHLIGHTS

Designed to both deepen and support your yoga poses, the adidas foam yoga block provides a solid yet comfortable base to help you achieve a wider range of positions. Made from lightweight high-density EVA foam, the block delivers complete strength and dependability, giving you the peace of mind to focus on your practice.

-  Helps to deepen and support your yoga poses
-  Made from lightweight high-density EVA foam
-  Hygienic moisture resistant material stays fresh
-  Textured bevelled edges provide stronger, better grip
-  Quality construction maintains its form
-  Dimensions: 22.8 x 15.2 x 7.6 cm

MODEL NO.






ADYG-20101-NL

CORK YOGA BLOCK



HIGHLIGHTS

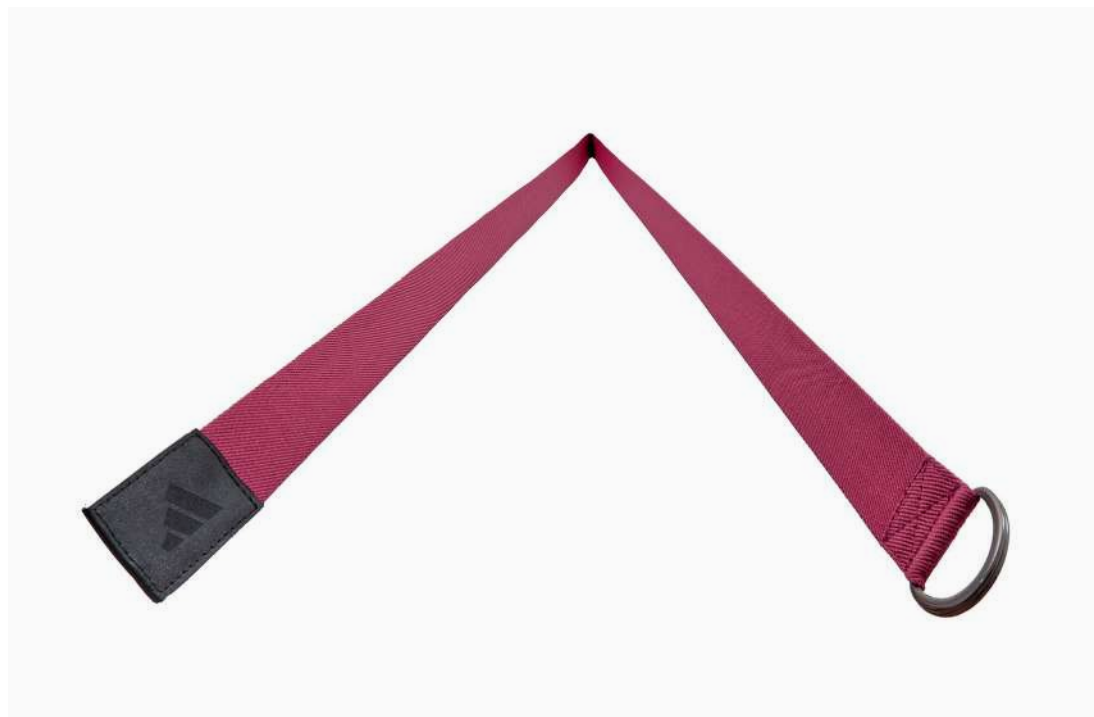
A sustainable, eco-friendly alternative to the traditional foam yoga block, the adidas cork yoga block helps support your poses as well as the environment.

-  Helps deepen and support your yoga poses
-  Made from natural, sustainable, high-density cork
-  Hygienic moisture resistant surface stays fresh
-  Bevelled edges and a naturally high-grip texture provide greater stability, comfort and support
-  Dimensions: 22.8 x 15.2 x 7.6cm

MODEL NO.







ADYG-20102-NL

PREMIUM YOGA STRAP



HIGHLIGHTS

Made from durable and tightly woven material, the adidas premium yoga strap allows you to achieve better postural alignment by supporting your yoga poses, all whilst offering complete comfort from the quality construction.

-  Helps to achieve better poses and postural alignment
-  Improves range of motion and flexibility
-  Robust steel D-rings for easy length adjustment
-  Durable and tightly woven for greater comfort
-  Anti-slip texture helps you find greater grip
-  253 cm in length, ideal for all shapes and sizes

MODEL NO.






ADYG-20201WP-NL

MAT CARRY STRAP



HIGHLIGHTS

Lightweight and durably woven from a strong cotton blend, the adidas mat carry strap is fit for any size yoga, pilates or training mat. Designed to fasten and loosen easily via the two sliding adjusters, the strap's looped design is perfect for use on the go - simply loop the strap over your mat, pick it up and you're ready to go.

-  Ideal for any size yoga, pilates or training mat
-  Simple looped design with sliding adjusters
-  Easy and quick attachment
-  Durably woven polyester/cotton material blend
-  Hardwearing yet comfortable on the shoulder

MODEL NO.







ADYG-20400GR-NL

YOGA MAT BAG



HIGHLIGHTS

Head to your classes in style with the adidas yoga mat bag. Designed to carry yoga mats up to 8mm thick, the mat bag is sustainably produced by using recycled textiles to reduce the usage of virgin materials and help to end plastic waste.

-  Designed to carry mats up to 8mm in thickness
-  Quick and easy closure with a drawstring fastening
-  Soft and comfortable material
-  Graphite metal eyelets add a stylish touch
-  Moisture-resistant inner lining
-  Smooth matt PU tabs with debossed adidas branding

MODEL NO.

ADYG-20502-NL

YOGA SOCKS

NEW FOR SS25



HIGHLIGHTS

Crafted to keep you grounded and confident through every pose, adidas yoga socks are made to elevate your practice.

Whether you're mastering a challenging sequence, sweating it out in hot yoga, or perfecting your Pilates form, adidas yoga socks are your essential companion in every practice.

-  Enhance grip and comfort during your classes
-  Stay grounded and confident throughout each pose
-  Perfect for activities including Yoga, Hot Yoga, Pilates, and dance
-  Full coverage for greater protection and hygiene
-  Quality elasticated cotton blend offers a softer feel
-  Elastic straps mould to your foot for a flawless fit
-  Silicone-gripped soles deliver non-slip performance
-  Available in sizes S/M (EU 34-39) & M/L (EU 39-42)

MODEL NO.






Black S/M:	ADYG-30203BK	Grey S/M:	ADYG-30201GR
Black M/L:	ADYG-30204BK	Grey M/L:	ADYG-30202GR

YOGA SOCKS



HIGHLIGHTS

Boosting both traction and hygiene, the adidas yoga socks optimise your performance by producing more rooted ground contact. Designed with a dotted gripped base and elasticated strap, the socks stay put throughout your session for focussed yoga practice.

-  Boosts your grip for stronger yoga poses
-  Ideal for more hygienic class workouts
-  Woven cotton with elasticated polyester straps
-  Grippy dots on the soles of the socks maximise ground contact and traction
-  Available in sizes S/M (EU 34-39) & M/L (EU 39-42)

MODEL NO.

S/M: ADYG-30101BK-NL

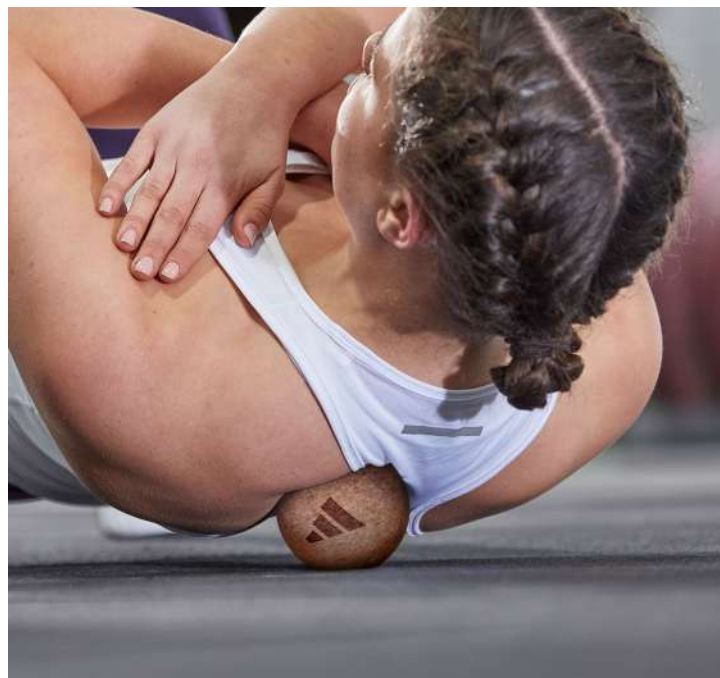
M/L: ADYG-30102BK-NL

RECOVERY

SS25 RANGE









CORK MASSAGE BALL



HIGHLIGHTS

Made from 100% recycled cork material, the sustainably produced adidas cork massage ball reduces the usage of virgin materials and helps to end plastic waste. Ideal for use across the entire body, massage balls are an effective tool to alleviate aches and pains with targeted pressure before and after workouts.

-  Made from recycled cork
-  100% sustainable and biodegradable
-  Targets tight tissue with focused pressure
-  Helps alleviate aches and pains, and promotes faster recovery
-  8cm diameter - ideal for all key muscle groups
-  Compact and ideal for your gym bag or travelling

MODEL NO.








ADTB-11610

CORK DOUBLE MASSAGE BALL



HIGHLIGHTS

Made from 100% recycled cork material, the sustainably produced adidas cork double massage ball reduces the usage of virgin materials and helps to end plastic waste. Ideal for use across the back, neck, arms and legs, the double massage ball is an effective tool to alleviate aches and pains with targeted pressure both pre- and post-workout.

-  Made from recycled cork
-  100% sustainable and biodegradable
-  Targets tight tissue with focused pressure
-  Helps alleviate aches and pains
-  Increases blood flow and accelerates recovery
-  Concave mid-section - Ideal for massaging the back, neck, legs, and arms
-  Compact and ideal for your gym bag or travelling

MODEL NO.





ADTB-11611

MESSAGE ROLLER



HIGHLIGHTS

Built to release tight tissue, the adidas message roller targets aches and pains with broad yet concentrated pressure. Featuring two handles with fluted foam covers, the roller's seven rotating balls have a grooved texture for effective treatment across a larger surface area.

-  Releases tight tissue and alleviates aches and pains
-  Provides broad yet concentrated pressure
-  Seven rotating massage balls
-  Grooved foam handles for comfort

MODEL NO.








ADTB-11608BK-NL

EPP FOAM ROLLER



HIGHLIGHTS

Made from 100% recycled EPP foam, the sustainably produced adidas foam roller reduces the usage of virgin materials and helps to end plastic waste. 90 cm in length, the long design allows for a wide variety of both stretching and massage techniques, promoting faster recovery and reducing muscle soreness after tough training sessions.

-  Made from 100% recycled EPP foam
-  Made for a wide variety of stretching and massage
-  Accelerates recovery to reduce muscle soreness
-  Dense foam construction creates a more concentrated massage
-  Long design for targeting all major muscle groups
-  Closed cell EPP foam prevents moisture absorption for greater hygiene
-  Dimensions: 90 x 15 cm dia.

MODEL NO.







ADAC-11507

ESSENTIAL FOAM ROLLER



HIGHLIGHTS

Made from dense EVA foam with a geometric surface texture, the roller's outer construction provides the perfect balance of responsiveness and rigidity - whilst the strong ABS tube core allows you to target the entire body whilst maintaining its form for optimal pressure application.

-  Geometric surface texture for a deeper massage
-  Strong inner core maintains form for effective pressure
-  Dense EVA foam construction
-  Provides a firm yet cushioned surface
-  Compact design, ideal for taking to the gym
-  Dimensions: 33 x 14cm dia.

MODEL NO.





ADAC-11506-NL

KNEE SUPPORT



HIGHLIGHTS

Ergonomically designed, the adidas knee support bolsters the joint without restricting movement - providing the support needed to keep you at your best. Ideal for use in all types of training or competition, the hardwearing elasticated nylon blend offers complete performance and durability.

-  Bolsters the knee for greater support and strength
-  Ergonomic design doesn't restrict movement
-  Breathable and moisture wicking material
-  Strong nylon trim helps secure the support
-  Made from a hardwearing elasticated nylon blend

MODEL NO.

S: ADSU-12421WH

L: ADSU-12423WH

M: ADSU-12422WH






XL: ADSU-12424WH

ELBOW SUPPORT



HIGHLIGHTS

Ergonomically designed, the adidas elbow support bolsters the joint without restricting movement - providing the support needed to keep you at your best. Ideal for use in all types of training or competition, the hardwearing elasticated nylon blend offers complete performance and durability.

-  Bolsters the elbow for greater support and strength
-  Ergonomic design doesn't restrict movement
-  Breathable and moisture wicking material
-  Strong nylon trim helps secure the support
-  Made from a hardwearing elasticated nylon blend

MODEL NO.

S: ADSU-12431WH

L: ADSU-12433WH

M: ADSU-12432WH

XL: ADSU-12434WH

ANKLE SUPPORT



HIGHLIGHTS

Ergonomically designed, the adidas ankle support bolsters the joint without restricting movement - providing the support needed to keep you at your best. Ideal for use in all types of training or competition, the hardwearing elasticated nylon blend offers complete performance and durability.

-  Bolsters the ankle for greater support and strength
-  Ergonomic design doesn't restrict movement
-  Breathable and moisture wicking material
-  Strong nylon trim helps secure the support
-  Made from a hardwearing elasticated nylon blend

MODEL NO.

S: ADSU-12411WH

L: ADSU-12413WH

M: ADSU-12412WH








XL: ADSU-12414WH

KNEE SUPPORT



HIGHLIGHTS

Allowing you to keep pushing with your training, the knitted knee support helps to keep you moving and progressing through tough training periods. Ergonomically designed, the adidas knee support is created to provide structured reinforcement to the entire knee without limiting movement or performance.

-  Structured reinforcement without limiting movement
-  Varying knit pattern panels for effective support
-  Centralised ring forms to the elbow
-  Comfortable fabric made from nylon and spandex
-  Breathable material
-  Thick cuffs at the top and bottom secure the support
-  Elasticated material provides a secure fit

MODEL NO.







S: ADSU-12521BK-NL L: ADSU-12523BK-NL
M: ADSU-12522BK-NL XL: ADSU-12524BK-NL

ELBOW SUPPORT



HIGHLIGHTS

Allowing you to keep pushing with your training, the knitted elbow support helps to keep you moving and progressing through tough training periods. Ergonomically designed, the adidas elbow support is created to provide structured reinforcement to the entire elbow without limiting movement or performance.

-  Structured reinforcement without limiting movement
-  Varying knit pattern panels for effective support
-  Centralised ring forms to the elbow
-  Comfortable fabric made from nylon and spandex
-  Breathable material
-  Thick cuffs at the top and bottom secure the support
-  Elasticated material provides a secure fit

MODEL NO.







S: ADSU-12531BK-NL L: ADSU-12533BK-NL
M: ADSU-12532BK-NL XL: ADSU-12534BK-NL

ANKLE SUPPORT



HIGHLIGHTS

Allowing you to keep pushing with your training, the knitted ankle support helps to keep you moving and progressing through tough training periods. Ergonomically designed, the adidas ankle support is created to provide structured reinforcement to the entire ankle without limiting movement or performance.

-  Structured reinforcement without limiting movement
-  Varying knit pattern panels for effective support
-  Comfortable fabric made from nylon and spandex
-  Breathable material
-  Thick cuffs at the top and bottom secure the support
-  Elasticated material provides a secure fit

MODEL NO.




S: ADSU-12511BK-NL L: ADSU-12513BK-NL
M: ADSU-12512BK-NL XL: ADSU-12514BK-NL

WRIST SUPPORT



HIGHLIGHTS

Allowing you to keep pushing with your training, the knitted wrist support helps to keep you moving and progressing through tough training periods. Ergonomically designed, the adidas wrist support is created to provide structured reinforcement to the entire wrist without limiting movement or performance.

-  Structured reinforcement without limiting movement
-  Varying knit pattern panels for effective support
-  Cut-out thumb loop for a natural grip
-  Comfortable fabric made from nylon and spandex
-  Breathable material
-  Thick cuffs at the top and bottom secure the support
-  Elasticated material provides a secure fit

MODEL NO.

S: ADSU-12541BK-NL L: ADSU-12543BK-NL
M: ADSU-12542BK-NL XL: ADSU-12544BK-NL







PERFORMANCE KNEE SUPPORT

AEROREADY



HIGHLIGHTS

Worn during sports or training sessions, the adidas performance knee support provides strategic reinforcement without restricting movement. Featuring a dual-compression kinesiology band and silicone grip, the Aeroready support stays put throughout your session; allowing you to focus on maximising your performance.

-  Provides reinforcement without limiting movement
-  Bolsters the knee for greater support and strength
-  Built-in compressive kinesiology band
-  Aeroready technology encourages greater airflow
-  Fitted with an internal non-slip silicone inlay
-  Seamless knitted design for comfort and durability



VIDEO

MODEL NO.

S: ADSU-13321-NL L: ADSU-13323-NL
M: ADSU-13322-NL XL: ADSU-13324-NL







PERFORMANCE ELBOW SUPPORT

AEROREADY



HIGHLIGHTS

Worn during sports or training sessions, the elbow Support provides strategic reinforcement without restricting movement. Featuring a dual-compression kinesiology band and silicone grip, the Aeroready support stays put throughout your session; allowing you to focus solely on maximising your performance.

-  Provides reinforcement without limiting movement
-  Bolsters the elbow for greater support and strength
-  Built-in compressive kinesiology band
-  Aeroready technology encourages greater airflow
-  Fitted with an internal non-slip silicone inlay
-  Seamless knitted design for comfort and durability



VIDEO

MODEL NO.

S: ADSU-13331-NL L: ADSU-13333-NL
M: ADSU-13332-NL XL: ADSU-13334-NL







PERFORMANCE ANKLE SUPPORT

AEROREADY



HIGHLIGHTS

Worn during sports or training sessions, the ankle support provides strategic reinforcement without restricting movement. Featuring a dual-compression kinesiology band and silicone grip, the Aeroready support stays put throughout your session; allowing you to focus solely on maximising your performance.

-  Provides reinforcement without limiting movement
-  Bolsters the ankle for greater support and strength
-  Built-in compressive kinesiology band
-  Aeroready technology encourages greater airflow
-  Fitted with an internal non-slip silicone inlay
-  Seamless knitted design for comfort and durability



VIDEO

MODEL NO.

S: ADSU-13311-NL L: ADSU-13313-NL
M: ADSU-13312-NL XL: ADSU-13314-NL

AEROREADY KNEE SUPPORT

AEROREADY



HIGHLIGHTS

Crafted with precision, the Aeroready knee support is there to strategically reinforce your every move. Whether you're controlling the field, hitting the gym, or pushing your limits in training, adidas supports give you the confidence to move freely towards your goals.

-  Provides support for all sport, training, and exercise
-  Silicone patella ring provides greater support and stability to the kneecap
-  Integrated fishbone supports run down both sides for further stabilisation
-  Aeroready material wicks sweat to keep you cool and dry
-  Strategically placed panels feature varying knit patterns for more effective support
-  Ergonomic design forms to the contours of your knee
-  Made from an elasticated material blend for breathability and support
-  Dotted silicone inlays prevent unwanted movement



VIDEO

MODEL NO.

S: ADSU-14110

L: ADSU-14112

M: ADSU-14111

XL: ADSU-14113








AEROREADY ELBOW SUPPORT

AEROREADY



HIGHLIGHTS

Crafted with precision, the Aeroready elbow support is there to strategically reinforce your every move. Whether you're controlling the field, hitting the gym, or pushing your limits in training, adidas supports give you the confidence to move freely towards your goals.

-  Provides support for all sport, training, and exercise
-  Breathable compression knit forms to your elbow for optimal support
-  Aeroready material wicks sweat to keep you cool and dry
-  Strategically placed panels feature varying knit patterns for more effective support
-  Ergonomic design forms to the contours of your elbow
-  Made from an elasticated material blend for breathability and support
-  Dotted silicone inlays prevent unwanted movement
-  Thick cuffs at the top and bottom ensure a secure fit



VIDEO

MODEL NO.

S: ADSU-14120

L: ADSU-14122

M: ADSU-14121

XL: ADSU-14123

AEROREADY ANKLE SUPPORT

AEROREADY



HIGHLIGHTS

Crafted with precision, the Aeroready ankle support is there to strategically reinforce your every move. Whether you're controlling the field, hitting the gym, or pushing your limits in training, adidas supports give you the confidence to move freely towards your goals.

-  Provides support for all sport, training, and exercise
-  Integrated Velcro strap wraps around the foot to offer additional ankle stabilisation
-  Breathable compression knit forms to your ankle for optimal support
-  Aeroready material wicks sweat to keep you cool and dry
-  Strategically placed panels feature varying knit patterns for more effective support
-  Ergonomic design forms to the contours of your ankle to guarantee comfort
-  Made from an elasticated material blend for breathability and support
-  Thick cuffs at the top and bottom ensure a secure fit

MODEL NO.

S: ADSU-14100

L: ADSU-14102

M: ADSU-14101

XL: ADSU-14103

ADJUSTABLE KNEE SUPPORT

NEW FOR SS25



HIGHLIGHTS

Designed for athletes of all levels, the adidas knee support offers essential joint protection for any sport or workout. Ergonomically crafted and featuring dual fishbone inserts, the adjustable knee support delivers unbeatable stability and trustable reinforcement.

-  Provides support for all sport, training, and exercise
-  Ergonomically placed panels form to your knee
-  Integrated fishbone inserts run down both sides for further stabilisation
-  Elasticated Neoprene material delivers optimal compression without restricting movement
-  Integrated mesh backing promotes breathability to reduce irritation
-  Strong Velcro fastenings
-  Wraparound design encourages a tailored and comfortable fit
-  Robust bindings ensure long-lasting durability

MODEL NO.

S: ADSU-15001

L: ADSU-15003

M: ADSU-15002

XL: ADSU-15004









ADJUSTABLE KNEE SUPPORT [WITH STRAPS]

NEW FOR SS25



HIGHLIGHTS

Designed for athletes of all levels, the adidas knee support offers essential joint protection for any sport or workout. Ergonomically crafted and featuring dual fishbone inserts, the adjustable knee support delivers unbeatable stability and trustable reinforcement.

-  Provides support for all sport, training, and exercise
-  Ergonomically placed panels form to your knee
-  Integrated fishbone inserts run down both sides for further stabilisation
-  Elasticated Neoprene material delivers optimal compression without restricting movement
-  Integrated mesh backing promotes breathability to reduce irritation
-  Strong Velcro fastenings
-  Additional Velcro straps pull across and around the knee to maximise stabilisation
-  Wraparound design encourages a tailored and comfortable fit
-  Robust bindings ensure long-lasting durability

MODEL NO.

S: ADSU-15011

L: ADSU-15013

M: ADSU-15012

XL: ADSU-15014

UNIVERSAL SUPPORT WRAP [SHORT]



HIGHLIGHTS

Bringing more support and stability to your wrist, the universal support wrap allows you to move freely when you're not at your best. Designed for performance in both training and competition, the wrap is ideal for all sports and training styles; strategically bolstering your wrist with minimal impact to the range or comfort of your movement.

-  Elasticated design provides enhanced support
-  Breathable material helps to promote airflow
-  Secure Velcro fastening with thick rubber tab
-  Elasticated thumb loop attachment reduces movement and irritation
-  Bolsters your wrist with minimal impact to your range of motion
-  49 cm length - ideal for all sizes

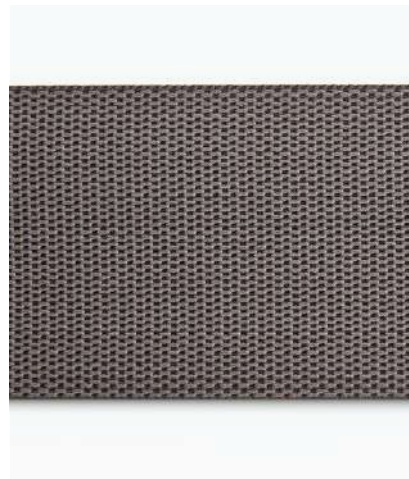


VIDEO

MODEL NO.





ADSU-13371-NL

UNIVERSAL SUPPORT WRAP [LONG]



HIGHLIGHTS

Bringing more support and stability to your workout, the universal support wrap allows you to move freely when you're not at your best. Designed for performance in both training and competition, the wrap is ideal for all sports and training styles; strategically bolstering your knee or elbow with minimal impact to the range or comfort of your movement.

-  Elasticated design provides enhanced support
-  Breathable material helps to promote airflow
-  Secure Velcro fastening with thick rubber tab
-  Ideal for use on either the knee or elbow
-  Bolsters your knee or elbow with minimal impact to your range of motion
-  139 cm length - ideal for all sizes



VIDEO

MODEL NO.

ADSU-13373-NL

BENCHES

SS25 RANGE





PERFORMANCE AB BENCH



HIGHLIGHTS

Designed to enhance core workouts, the adjustable ab bench extends your range of motion for greater abdominal stress. Upping the intensity of your basic core movements, the bench's foam-padded anchors lock in your legs; providing the necessary leverage for decline exercises.

-  2.5" thick dense foam padding
-  Knee and ankle foam rollers
-  Tapered back pad
-  Strong steel framework
-  Wide base for total stability
-  Easy to build
-  Max. load: 175 kg
-  Dimensions: 113.5 x 46 x 47 cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //

MODEL NO.

ADBE-10220-NL

PERFORMANCE FLAT BENCH



HIGHLIGHTS

Engineered to broaden your exercise potential, the performance flat bench is the cornerstone of any strength program. Made from thick hollow steel with a densely padded surface, the bench combines stability with comfort for total training performance.

-  2.5" thick dense foam padding
-  Strong steel framework
-  Wide base for total stability
-  Easy to build
-  Max. load: 205 kg
-  Dimensions: 119 x 48.5 x 42 cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //

MODEL NO.

ADBE-10222-NL

PERFORMANCE UTILITY BENCH



HIGHLIGHTS

A versatile training tool, the performance utility bench is the ideal platform for upper body workouts. Built with thick padding and foam ankle anchors, the dual-adjustable bench allows you to vary your workouts with tailored seat and back pad positions.

-  2.5" thick dense foam padding
-  Padded ankle anchors
-  Tapered back pad
-  Strong steel framework
-  Wide base for total stability
-  Easy to build
-  Max. load: 175 kg
-  Dimensions: 121 x 49 x 113 cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //

MODEL NO.











ADBE-10225-NL

PERFORMANCE TRAINING BENCH



HIGHLIGHTS

With six levels of position adjustment and a removable preacher pad, the performance training bench accommodates compound and isolated movements. Ideal for both upper and lower body training, the plate loaded leg developer works the quads and hamstrings with its curl and extension functionality.

-  2.5" thick dense foam padding
-  Padded ankle anchors
-  Plate loaded leg developer
-  Tapered back pad
-  Strong steel framework
-  Wide base for total stability
-  Easy to build
-  Max. load: 215 kg
-  Dimensions: 181 x 60.5 x 120 cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //

MODEL NO.











ADBE-10228-NL

PERFORMANCE POWER TOWER



HIGHLIGHTS

Designed for bodyweight training, the performance power tower helps develop the chest, back, arms and abs with simple compound movements. Built with a solid steel frame and dense foam padding, the power tower features grippy non-slip feet to aid stability.

-  2.5" thick dense foam padding
-  Cushioned back and arm pads
-  Foldable armrests
-  Wide and narrow pull-up grips
-  Strong steel framework
-  Wide base for total stability
-  Easy to build
-  Max. load: 135 kg
-  Dimensions: 121 x 115 x 213 cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //


MODEL NO.

ADBE-10229-NL

PERFORMANCE HOME GYM



HIGHLIGHTS

-  100 kg weight stack
-  Ankle foam pads
-  Dense foam pads - 65mm thick
-  Dual function leg developer
-  Durable steel construction
-  Includes handle, ankle, z bar and short bar attachments
-  Low and high pulley stations
-  Powder coated finish
-  Push and pull function with pivot bar for flys
-  Removable preacher pad
-  Dimensions: 183.5 x 106 x 213cm
-  Packed in 100% recyclable packaging



SCAN TO
TRAIN //

MODEL NO.

ADBE-10250GN-NL

ADIDAS TRAINING EQUIPMENT

SS25 CATALOGUE

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climate
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Supporter

CleanHub



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